



BATEMAN®

Senior Meals

A DIVISION OF MORRISON SENIOR LIVING

Roast Beef & Gravy *

Mashed Potatoes, Green Beans & Carrots

Cal: 330 Fat: 9g Sod: 780mg Carbs: 38g

Turkey Tetrazinni *

Brussels Sprouts & Five-Way Mixed Vegetables

Cal: 399 Fat: 6g Sod: 830mg Carbs: 60g

Chicken w/Mushroom Sauce * **

Brown Rice, Green Beans & Carrots

Cal: 310 Fat: 10g Sod: 557mg Carbs: 35g

Stuffed Peppers w/Marinara Sauce * **

Rice, Corn & Green Beans

Cal: 280 Fat: 11g Sod: 460mg Carbs: 24g

Sliced Turkey w/Gravy *

Dressing, Corn & Peas

Cal: 400 Fat: 9g Sod: 767mg Carbs: 51g

Beef Stew w/Roasted Red Potatoes *

Corn w/Red Peppers & Green Peas

Cal: 312 Fat: 5g Sod: 662mg Carbs: 50g

Chicken a la King over Rice *

Golden Roasted Potatoes & Carrots

Cal: 350 Fat: 5g Sod: 990mg Carbs: 52g

Meat Lasagna * **

Green Beans & Cauliflower

Cal: 631 Fat: 16g Sod: 591mg Carbs: 93g

Meatloaf w/Gravy *

Mashed Potatoes, Corn, Peas & Carrots

Cal: 385 Fat: 14g Sod: 777mg Carbs: 44g

Spaghetti & Meatballs **

Corn, Peas & Carrots

Cal: 732 Fat: 12g Sod: 533mg Carbs: 122g

* Denotes Diabetic Friendly ** Denotes Low Sodium



**To Order,
Call 866-543-9395
Credit cards
accepted!**



Pricing Information:

10-Meal Pack: \$74.50

+ shipping & tax

* We reserve the right to substitute items due to availability. We apologize for any inconvenience.

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1. Roast Beef & Gravy *

Mashed Potatoes, Green Beans & Carrots

Cal: 330 Fat: 9g Sod: 780mg Carbs: 38g

2. Turkey Tetrazinni *

Brussels Sprouts & Five-Way Mixed Vegetables

Cal: 399 Fat: 6g Sod: 830mg Carbs: 60g

3. Chicken w/Mushroom Sauce * **

Brown Rice, Green Beans & Carrots

Cal: 310 Fat: 10g Sod: 557mg Carbs: 35g

4. Stuffed Peppers w/Marinara Sauce * **

Rice, Corn & Green Beans

Cal: 280 Fat: 11g Sod: 460mg Carbs: 24g

5. Sliced Turkey w/Gravy *

Dressing, Corn & Peas

Cal: 400 Fat: 9g Sod: 767mg Carbs: 51g

6. Meatloaf w/Gravy *

Mashed Potatoes, Corn, Peas & Carrots

Cal: 385 Fat: 14g Sod: 777mg Carbs: 44g

7. Spaghetti & Meatballs **

Corn, Peas & Carrots

Cal: 732 Fat: 12g Sod: 533mg Carbs: 122g

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5-Meal Pack contains Meals # 1 - 5.

7-Meal Pack contains all meals stated above.

Pricing Information:

5-Meal Pack: \$41.75 + shipping & tax

7-Meal Pack: \$55.00 + shipping & tax



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